



Let's Compare News

Text A

Are You Addicted to Your Phone?

According to Common Sense Media, the results of a research revealed some really scary statistics:

- 50% of teens feel they are addicted to their devices.
- 79% check their phones at least hourly.
- 72% feel they need to respond immediately to messages.
- 36% of parents feel they argue with their teens every day about device use.

In other words, many of us could be suffering from nomophobia!

“NO MOBILE PHOne phoBIA” is the fear of not being able to use your cell phone or other smart device. So how do you know if you're addicted? There's an online quiz to find out. Why not check it out on your phone!

Text B

Phone Addiction in Teenagers

A report published in Society Today revealed some alarming statistics about teenage phone addiction. Researchers at Common Sense Media report that:

- Half of today's teenagers admit to being addicted to their phones.
- Most teenagers feel pressured to respond to messages as soon as they get them.
- More than a third of parents say they argue with their teenage children about device use on a daily basis.

The report confirms widespread fears that the 21st century phenomenon called nomophobia is rising at a worrying rate, especially in today's teenagers.

1. Read the two pieces of news and tick the boxes if the articles match the description.

	Text A	Text B
1. It has a friendlier language.		
2. It includes background information on the topic.		
3. It includes detailed statistics.		
4. It mentions its source of information.		
5. It links to a quiz or an article for further information.		

2. Using the information from the articles, answer the following questions.

1. Why do parents argue with their teens?

2. What is *nomophobia*?
